



ASPIRE

1. ID Number:

European Regional Development Fund



Interreg ASPIRE Evaluation

ASPIRE Participation/Employability Ladder

This is a voluntary questionnaire which will collect some information about you and the ASPIRE participation ladder. No names will be recorded; the survey is anonymous, and all individual responses will remain confidential. ASPIRE will only report the results of the questionnaire on a group level and the information you provide will remain anonymous and cannot be connected to you. Thank you for your participation.

About you

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2. At which time point are you completing this	3. What sex are you?
questionnaire?	☐ Male ☐ Female ☐ Prefer not to say
☐ At the beginning of ASPIRE ☐ At 12 weeks	☐ Other, please specify:
☐ At 6 months ☐ At 9 months	4. What is your age? years

ASPIRE Participation Ladder

5. Using the ASPIRE participation ladder below, can you identify which step on the ladder you are currently at?
 □ Join an ASPIRE hub □ Regularly attend hub □ Begin employment training □ Volunteer/work experience □ Paid employment
6. Using the ASPIRE participation ladder below, can you identify which step on the ladder you would like to get to?
 □ Join an ASPIRE hub □ Regularly attend hub □ Begin employment training □ Volunteer/work experience □ Paid employment

ASPIRE Participation/Employability Ladder

- Full/part time job
- Temporary or permanent employment
- Self-employment
- Regular attendance at local organisaton

 Access employment training workshops e.g. interview skills

- Access healthy weight/healthy eating workshops
- Food production workshops
- Health MOT
- Access to healthy lifestyle services

Paid employment

Volunteer/ work experience

Begin employment trainng

Regularly attend hub

Join an ASPIRE hub

- Improve self-confidence
- Support other participants
- Purchase healthier food
- Increase self-belief
- Knowledge of skills and work available locally
- Socially engaged
- Awareness of health and employability link
- Develop specific skills in food production
- Develop employability skills
- Improve social skills
- Develop knowledge of food production, healthy eating and links with gaining employment
- Meet new people
- Develop an interest
- Awareness of own health measures and associated healthy lifestyle

Activites involved at each step

Outputs of the activities

Interreg ASPIRE Evaluation

















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Thank you very much for taking the time to fill out this questionnaire!

Please check that you have completed each question.

If you would like to talk to us further, or have any additional thoughts or queries, please contact your local ASPIRE partner.